

A MAJOR-GIFT CONVERSATION

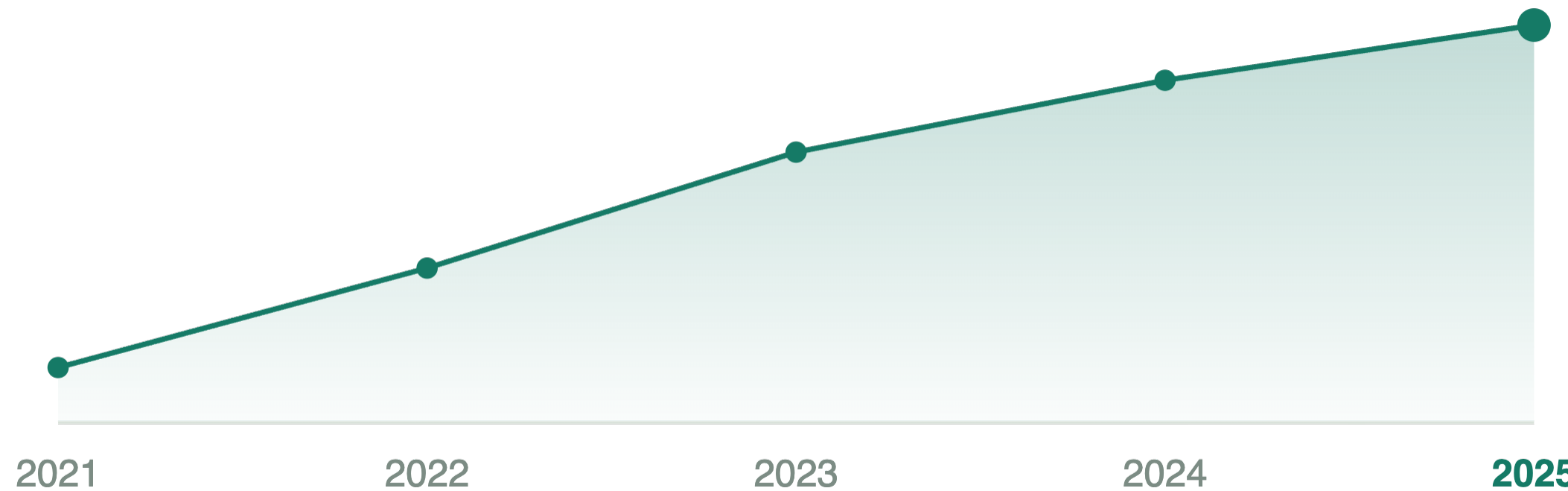
Every Jewish teen deserves a place to land.

More teens are struggling — and fewer can find help in time.

Crisis-line referrals to Nitzan

Indexed to 2021 · last five years

+62%



1 in 4

Jewish teens reports persistent anxiety or depression.

3+ mo.

Average wait for trauma-informed care elsewhere in our community.

A consistent adult. A door that's always open.

- PILLAR ONE

Mentorship & emotional support

A trained volunteer mentor meets one-to-one, every week — the same adult, showing up again and again until trust is built.

- PILLAR TWO

Mental-health & trauma care

Licensed, trauma-informed therapists a teen can see within a week. No cost to the family. No place on a waitlist.

— Both, wrapped in a community that knows their name.



Ari, 17, with his mentor David

03 · A STORY

"For the first time, someone showed up for me — and kept showing up."

Ari came to us at 15, after his family fell apart. He'd stopped going to school, stopped answering his friends. We paired him with David — a mentor who showed up every Tuesday — and a therapist he saw within the week.

Two years on, Ari is back in school and now mentors a 13-year-old of his own.

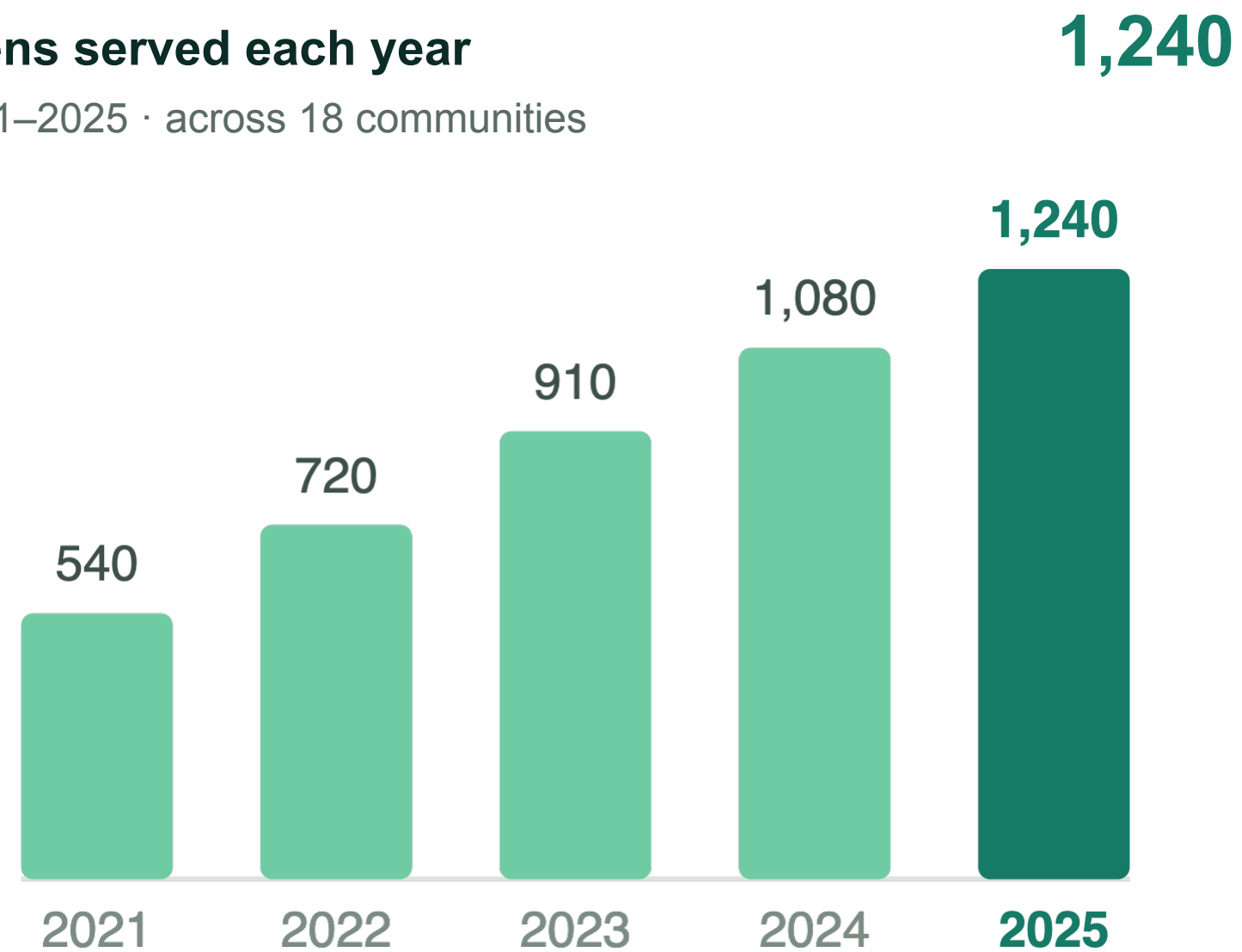
— Ari, now 17

Last year, in numbers.

Fiscal year 2025

Teens served each year

2021–2025 · across 18 communities



94%

still engaged after 12 months

87%

report improved emotional wellbeing

0

weeks on the clinical waitlist

320

trained volunteer mentors

From one neighborhood to a national network.

Nitzan began with one mentor and one teen. Today the same promise — a consistent adult and care within a week — reaches teens in 18 communities, with six more sites opening through this campaign.

18 communities served	13 states with a hub	+6 new sites by 2028
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- Active community hub
- Opening by 2028
- ③ Hubs in that state



Where your gift goes.

84 ¢

of every dollar reaches a teen directly.



84% Programs

10% Admin

6% Fundraising

ONE TEEN'S FULL YEAR · \$2,400

48 weekly mentoring sessions

24 hours of one-to-one therapy

12 months of 24/7 crisis-line access

Just \$46 a week to change a life.

What \$3 million builds.



\$1.2M

Double clinical capacity

Keep the waitlist at zero as demand keeps rising.

\$900K

Open 6 new community sites

Reach teens where they already are.

\$500K

Launch the Alumni Mentor Corps

Yesterday's teens become today's mentors.

\$400K

Build a sustainability reserve

A 12-month cushion against funding shocks.

\$3M campaign goal · over three years

Pledges may be fulfilled across the full period.

Find your place in the campaign.

Every gift may be pledged over three years

\$1.85M committed so far

Goal · \$3M

Raised by our board and founding donors — 62% of the way there. Your gift helps close the final \$1.15M.

● **Chai Circle**

\$18K

One teen's full year of care — 18 for *chai*, life.

● **Champion**

\$50K

A full year of care for 20 teens.

● **Mentor Circle**

\$100K

Trains and supports 40 mentors.

● **Founder's Circle**

\$250K

Opens one new community site.

● **Guardian**

\$500K

Endows therapy for 200 teens a year.

● **Cornerstone**

\$1M

Names the Center and funds clinical growth.

09 · THE INVITATION

Help us make sure no teen waits for someone to show up.

Join us in raising **\$3 million** over the next three years.